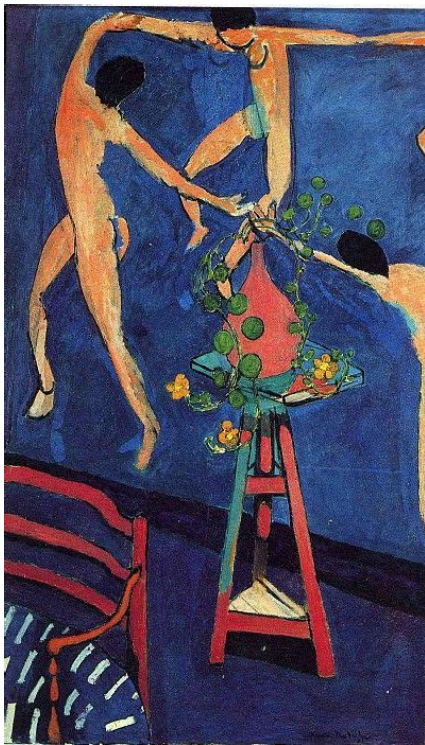




**The Unitarian Universalist Congregation
of Whidbey Island
Weekly News**

Image by Andreea Popescu Unsplash



This Sunday's Service

May 5th, 2024 10am

**Sanctuary of Support
Embracing the Power of
Community**

**Rev. Kate Lore
With Kate Nunn,
Worship Leader**

**Eileen Soskin,
Special Music**

**and Mavis Cauffman,
Tech Support**

**Please join us in person or on
Zoom.**

In this uplifting message, we will explore the ways in which our shared values and collective efforts create a sanctuary of support and belonging. Come discover how our Chalice Circles program and Pastoral Care of each can guide us toward a more compassionate and interconnected future.



At our service on Sunday we will raise funds to support the **Whidbey Homeless Coalition**, which offers both short-term and long-term care for the homeless. Its website: [Whidbey Homeless Coalition Helping those in hard times](https://www.whidbeyhomelesscoalition.org). As described there, its key programs are:

- **The Haven** (Coupeville), offers night-to-night support and is open 365 days a year.
- **The House of Hope** (Langley), operates as a 90-day shelter for families and single adults who are homeless or at severe risk of becoming homeless. Guests are referred to the House of Hope by the [Housing Support Center](https://www.housing-support-center.org) (run by Island County) or can reach out to us directly. This is done after an intake process which matches homeless (or soon to be homeless) families or individuals with suitable housing. The majority of those we serve are from our community on Whidbey Island. They are our neighbors and friends.

Service Link

If you have trouble joining our Zoom meeting, email webmaster@uucwi.org for help.



Next Sunday's Service

May 12th, 2024 10am

Giving Life

Dr. Jay Taksony Hewitt
With Mark Simpson,
Worship Leader
and Karen Heather,
Special Music

Image by John Hain on Pixabay

On this Mother's Day, we will gather to celebrate the impulse to give life as a form of loving existence for the sake of others--and as a generous form of lived communion. We will look to learn how we might live with hearts filled with love from those who have given us life.





[Click here to view our Fall 2020 calendar.](#)
Click on blue titles for Zoom link.

Check out our [Members and Friends Facebook Page](#).

Image by Vitolda Klein on Unsplash

Friday, May 3

Saturday, May 4

Sunday, May 5

10am [Worship Service](#) (In Person and on Zoom)

11am - noon Pastoral Care Team (Cascade Room)

7:30 pm Salish Sea Early Music Festival Psalms and Folksongs

Monday, May 6

2 - 4pm Dedicated Offerings Team (Cascade Room)

Tuesday, May 7

11am - noon [Visual Arts Committee](#) (Zoom)

3:30 - 4:30pm [Caring Circle](#)

Wednesday, May 8

10am - Noon [Men's Group](#)

11am - 12:30pm Women's Group (Various Locations)

6:30 - 8pm [Native Connections Initiative](#) (Zoom)

Thursday, May 9

10 - 11am [Engagement Committee](#) (Zoom)

[Back to top](#)

Announcements and News

Newcomers Lunch

May 19th After Service



and to let us know you are coming, email membership@uucwi.org.



Image by Annie Spratt on Unsplash.

Pastoral Care & Connections at UUCWI

UUCWI offers comfort and presence when times of trauma and distress touch our lives.

We have a pastoral care team which includes Rev. Kate Lore, our interim minister for pastoral care. If you or someone you know might benefit from this offering please consider contacting our coordinator, Bill Graves, at pastor@uucwi.org.

UUCWI also has a Caring Connections team that can provide needed short-term support of a logistical nature (food, a ride to medical, etc.). To make requests email Mavis Cauffman, our coordinator of these types of services, at caringconnections@uucwi.org.



Small Group Ministry Coming to UUCWI

A Message from Rev. Kate Lore and the UUCWI Pastoral Care Team

Celebrating the Return of Chalice Circles*

We are thrilled to announce the return of Chalice Circles to our community! After a period of hiatus, we are excited to reintroduce this cherished practice of gathering in small, intimate circles to foster connection and spiritual development within our congregation.

These circles will be facilitated in order to create a nurturing and supportive environment for all participants.

For more information and to sign up for a Chalice Circle, please look for the Pastoral Care table after the service on Sunday, May 5, 12, 19 and 26. You may also sign up by email to Bill Graves at: pastor@uucwi.org We look forward to

***What are Chalice Circles?**

Chalice Circles, also called Covenant Groups, are a form of small group ministry practiced in many UU congregations. Typically, they are groups of 6-8 persons who come together monthly, or more often, at times and venues negotiated by each group, and are led by a facilitator. They operate under an agreed covenant involving an intentional commitment to one another in service of the gathered group and its higher purpose. Generally, each session focuses on a topic or question suggested by leadership. Chalice Circles offer an opportunity for building community, deepening relationships, deeper spiritual exploration, care and support of participants, building stronger ties to the congregation, practicing accountability, and leadership development. For more information go to the [UUA's website](#).

VAC Updates Gallery

Reception May 5th following the service

Please join the Visual Arts Committee for a reception Sunday May 5 following the service. We will celebrate "The Soul of Collage" along with the following artists.



Effie Brown
Mary Goolsby
Kate LeBaron
Jeanne Strong
Cynthia Trowbridge

The Soul Collage card process was created by Seena Frost. Soul Collage is not about making "art". It is about temporarily quieting our busy left brain that insists on rationally figuring things out so that our intuitive, right brain "soul" wisdom may emerge.

This simple process of using magazine pictures, scissors, glue and our willingness to be open and trust our instincts, offers an opportunity to make a 5 by 8 inch soul collage that reflects some aspect of our lives.

The results are always a surprise and can be tender, sad, silly,

Toyon Copeland



For as long as I can remember, Wassily Kandinsky's words have been true for me: "*Color is a power which directly influences the soul.*" And my experiment of working with colored papers has been oh so satisfying.

Seeing how these hand-torn pieces look next to each other and how they change each other when layered has brought me surprises and inspiration. Sometimes an intended abstract shape has assumed some semblance of realism, other times not. Always it is the colors that are speaking to me.



Native Connections Initiative Meeting

WEDNESDAY, May 8, at 6:30 pm

[Zoom Link](#)

Join us to learn about Right Relations with Native People, and how to engage with Tribes in meaningful ways from May through July.

ARTIST SERIES PRESENTS 2 MAY CONCERTS

Saturday, May 5 and Saturday, May 11

On Sunday May 5th at 7:30 the Salish Sea Early Music Festival continues with more stunning chamber music. Music based on folksong from 1620, 1720 and 1820 will be performed on seven flutes and plucked instruments from the Renaissance through the time of Beethoven by guitarist and lutenist Oleg Timofeyev and flutist Jeffrey Cohan.

Scottish and Irish folk music, both sacred and secular, from the Renaissance, Baroque and Romantic periods on the plucked instruments and transverse flutes of three centuries. This is the sixth program in this year's Salish Sea Early Music Festival.

Presented in collaboration with Whidbey's Unitarian Universalist Congregation

SALISH SEA

— EARLY MUSIC FESTIVAL 2024 —



THREE CENTURIES OF
FOLK SONG

Renaissance Psalms, Irish & Scottish Baroque & Romantic Folk Song Variations

— Oleg Timofeyev — — Jeffrey Cohan —
Renaissance lute, English guitar & 7-string guitar • renaissance, baroque & 8-keyed flutes

Sunday, May 5, 2024 at 7:30 PM
→ Whidbey Island Unitarian Universalist Congregation →

* 2010 State Route 525 in Freeland on Whidbey Island
\$20 to \$20 suggested donation's free will offering all are welcome * youth 18 and under always free
www.salish-sea-festival.org/whidbey

On Saturday, May 11 at 7 PM you will have a unique opportunity to hear 3 Brazilian musicians from Sao Paulo, perform the genuine music first heard in the 19 th century, upon which much Brazilian music is based ever since. The music is called "choro" and the group calls themselves Choro das 3. The musicians play flute, clarinet, cavaquinho and percussions instruments. You don't want to miss this exciting concert. This group has been touring the US since May of 2023 and we're thrilled they have chosen Whidbey Island to perform at UUCWI.

Unitarian Universalist Congregation
of Whidbey Island Presents
In Concert



Choro das 3

On tour from
São Paulo, Brazil

Choro das 3 is a family based
trio formed by the sisters:
Corina (flute and pandeiro),
Lia (7 string guitar) and Elisa
(mandolin, clarinet, banjo,
accordion and piano).

May 11 @ 7 pm
20103 State Route 525
Freeland, WA

Suggested goodwill donation of \$25
at the door

ABOUT US
www.uucwi.org



Image by DJ Winebrinner

Women's Group

All Meetings 11:00am - 12:30pm

Wednesdays In Person at Various Locations

May be at a variety of impromptu locations by group members for activities together like having coffee, shopping, walking trails, visit studio or nurseries, going out to eat, etc. Sign up on our email list to receive those invites. Contact DJ Winebrinner by phone or email.

Image by Jonathan Borba on Unsplash

[Back to top](#)

Native Connections Initiative



NCI MONTHLY NEWSLETTER [CLICK HERE](#):

Or [join our email list](#) to receive our newsletters via email. Newsletters contain much more information about Native issues than we can include here. And images too.

NEXT NCI MEETING: WEDNESDAY, May 8 at 6:30 pm

The meeting is on Zoom, the link is in the UUCWI calendar.

Join us this month for discussions about Right relations with Native People.

Opportunities abound from May through July this year to engage with local Tribes, participate in meals and ceremonies, and form respectful and healing relationships.

MAY 16, THURSDAY, 4:30: Intertribal Camas Bake at Pacific Rim Institute:

The NCI has received an invitation from Sam Barr (Samish), the organizer of the 6th annual Intertribal Camas Bake at PRI, to provide a meal for the opening night of the gathering. This invitation is a big honor and represents patient, respectful building of relationships. This will be a simple, informal opportunity to gather with people of many Coast Salish Tribes to eat and visit together.

prepare food and come to PRI at 4:30pm on Thursday, May 16th to serve and to join in the meal, please contact Sarah Schmidt by email at 4bats@ixoreus.com or by phone or text at 360-929-3592.

MAY 18: PENN COVE WATER FESTIVAL, 11:00 AM -- 5:00 PM

Annual tribal canoe races, native arts & crafts, performers and much more. [Sign up here](#) to volunteer.

MAY 22, WEDNESDAY, 6:30 pm, BOOK DISCUSSION: [Register](#)

Jesintel: Living Wisdom from Coast Salish Elders. Discussion led by Frances Wood. Register to receive thoughtful discussion questions and the link for the Zoom meeting.

SAVE THE DATES: JULY 6 -- 12: BLUE HERON CANOE LANDING

July 6, about 5:00: Formal landing with protocols at Seawall Park in Langley.

July 7, Community Dinner Potluck.

Please [contact us by email](#) to volunteer.

Supporters of United Student Leaders Initiative



Island County Climate Emergency Campaign Update

USL made a public comment at the Island County Public Health Meeting on April 16th. We repeated our appeal to declare a climate emergency and establish a Climate Action Committee. The Commissioners want to see more support from North Whidbey and Camano Island. We are looking for volunteers from North Whidbey and Camano to help collect signatures and support this [campaign](#). **Please reach out to us if you are interested!** Click this link to sign and share our [petition](#).

Sierra Club Recognition

Last week Sno-Isle Sierra Club, recognized USL along with other local climate and social justice groups for the work we do to create a just present and future. We had a chance to talk about our successes and plans. It was a wonderful opportunity to share and learn from others. We are grateful for this recognition. Often working against climate chaos can feel futile, but seeing how many people we work with care is encouraging. Thank you to Sno-Isle Sierra Club for helping us all share our stories!

In excitement,

Kjersti Ringsrud, Lilly Katzinger, Carter McKnight, and Naomi Atwood on behalf of USL

submitted, with edits for brevity and an addition by UUCWI member Gary Piazzon
360-720-3331



Members and Friends Facebook Group

UUCWI has a Members and Friends Facebook Group to encourage sharing information, resources, and discussions. Check it out [here](#).

[Back to top](#)

Social Environmental Justice



"**Architects of Abundance**" 2024 Trudy Sundberg Lecturer Dr. Lyla June Johnston's presentation on traditional ecological knowledge (TEK) is now available on line. Enjoy it and her singing [here](#).

Washington State Legalizes Flame Top Kilns: An Important Climate Solution!

UUCWI members Paul Belanger & Gary Piazzon have used and promoted FTKs to make biochar, a resilience and climate solution. This technology had been classified with burn barrels in Washington. Now with the aid of the Whidbey Camano Land Trust and others it is legal and recognized for its many benefits. Learn more [here](#).

Plastic is ubiquitous and a health hazard. Here are 8 ways to keep plastic out of our bodies:

1. Avoid eating too much [red meat](#).
2. Try to sweep or vacuum regularly. [Dust](#) is full of plastic fibers and particles.
3. Avoid using plastic bottles which can contain up to [240 000](#) nano particles of

5. Toiletries often contain [plastic chemicals](#) like phthalates.
6. Eat leafy greens. [studies have found](#) leafy vegetables contain less microplastics than root vegetables.
7. Avoid wearing [polyester](#) which sheds microplastic fibers.
8. [Call](#) for the USA to support the [UN Global Plastic Treaty](#) to drastically limit plastic production by 60% by 2040. read more [here](#).

[Climate Migration is happening now and escalating globally](#): rising sea levels, heat & drought and other factors are forcing people to relocate, even in the USA.

"You and I may disagree but if the Elm agrees with me I know I am right." - Ralph Waldo Emerson

submitted by UUCWI member Gary Piazzon

*photo by Gary Piazzon

Submissions

UUCWI Weekly E-News

Purpose: To remind and inform UUCWI congregation & visitors of upcoming services and church-related events.

Published: Weekly, sent Fridays at 5:00 a.m. via MailChimp.

Deadline: All submissions must be sent to editor by **WEDNESDAY AT NOON** for the current week's publication.

Submissions:

- Send submissions to enews@uucwi.org.
- Be direct and concise in your announcement.
- Think of what, when, where, and why. Suggest a short headline.
- Avoid using acronyms or abbreviations. If you do, define your acronym or abbreviation in your first use, like this: *Unitarian Universalist Congregation of Whidbey Island (UUCWI)*.
- You may include a graphic if you would like but must credit the artist/source.
- Do not use personal emails or telephone numbers. Contact admin@uucwi.org if you would like to arrange contact information for your item.

Topics:

- Worship Services and congregational news
- Messages from the Minister
- Board of Trustees and UUCWI Official Notices
- Committee, Initiative and Program news submitted with the approval of the Chair, Initiative or Program Leader
- UUA information
- Local events UUCWI sponsors

To avoid duplicating other Island announcement services, like Drew's List, we will not accept notices for community events, unless UUCWI is a sponsor of, or a congregant is a participant in, the event.

re-submitted.

All submissions for eNews are due by

WEDNESDAY AT NOON.

Please send all submissions to UUCWI Staff at enews@uucwi.org.

Thank you!



Copyright © 2024 Unitarian Universalist Congregation of Whidbey Island, All rights reserved.

Want to change how you receive these emails?
You can [update your preferences](#) or [unsubscribe from this list](#)

