



The Unitarian Universalist Congregation of Whidbey Island Weekly News

Image by Tumisu on Pixabay



This Sunday's Service
January 21, 2023 10am

Joyful Effort
Rev. Leslie Boies
With Effie Brown,
Worship Leader
and Heidi Hoelting,
Special Music

**Please join us in person or on
Zoom.**

Image by Tumisu on Pixabay

Buddhism teaches various virtues and qualities we can cultivate to help us live our lives wholeheartedly and free from suffering. One of them is Joyful Effort. But what is that? And what does it look like in our daily lives? Join our guest speaker as she shares her "field notes" on practicing with Joyful Effort in the face of challenges large and small.

...ay of dained in the 30th Zen Buddhist tradition by Tenshin Reb Anderson in 1995. After leaving Green Gulch, she completed her Master's degree in Organizational Psychology in order to help groups and organizations work together more skillfully. She has worked as a consultant, coach and facilitator with nonprofits, government agencies, universities and health care organizations for over 25 years, primarily in the area of leadership and team development. In 2006-2007 she attended the Chaplaincy Institute in Berkeley, CA where she was ordained as an interfaith minister. She and her husband moved to Whidbey in 2018 and are delighted to call it home.

Service Link

If you have trouble joining our Zoom meeting, email webmaster@uucwi.org for help.



Next Sunday's Service
January 28, 2023 10am

Living with Moral Injury
Rev. April Frazier
With Mark Simpson,
Worship Leader
and Eileen Soskin,
Special Music

Image by Ante Gudelj on Unsplash

Moral injury is a human condition, suffered as a part of living in a world where we, others and the earth are harmed by actions or the failure to act. How do we integrate these experiences to be able to continue to live

...singer, or perhaps become a name. Don't panic about what keeps us going,
brings us together, and find ways for healing.



This Week's Calendar

[Click here](#) to view our full UUCWI
Calendar.

Click on blue titles for Zoom link.

Check out our [Members and
Friends Facebook Page](#).

Image by Aaron Burden on Unsplash

Friday, January 19

Saturday, January 20

9 - 11:30am UUCWI Work Party (Grounds)

Sunday, January 21

10am [Worship Service](#) (In Person and on Zoom)

Monday, January 22

Tuesday, January 23

3:30 - 4:30pm [Caring Circle](#)

Wednesday, January 24

10am - Noon [Men's Group](#)

11am - 12:30pm Women's Group (Various Locations)

Thursday, January 25

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Announcements and News



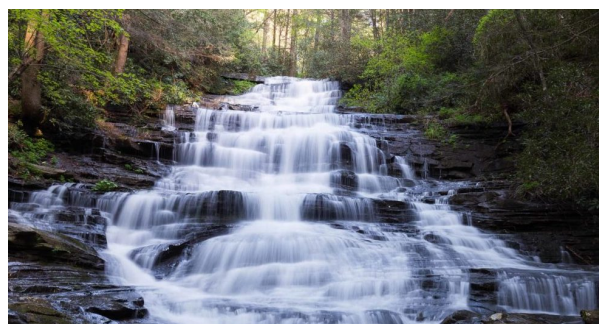
Image by Annie Spratt on Unsplash.

Pastoral Care & Connections at UUCWI

UUCWI offers comfort and presence when times of trauma and distress touch our lives. We have a pastoral care team which includes Rev. Kate Lore, our interim minister for pastoral care. If you or someone you know might benefit from this offering please consider contacting our coordinator, Bill Graves, at pastor@uucwi.org.

UUCWI also has a Caring Connections team that can provide needed short-term support of a logistical nature (food, a ride to medical, etc.). To make requests email Jane Hayes, our interim coordinator of these types of services, at caringconnections@uucwi.org.

Send in your website content and pictures!



New Gallery Show The Natural World

"The Natural World" is celebrated in the newest UU Gallery show. During the cold winter months of January and February, our Gallery will keep us warm with beautiful pastel images created by Annette Hanna. This show

and often come together in an expression of admiration for the world in which we live.

A reception for this show will be held following the Sunday Service on the 21st of January.

UUCWI Artist Series Presents First 2024 Concert

Sunday, January 21, 7:30 PM



— Presented in collaboration with Whidbey Island Universalist Unitarian Congregation —

SALISH SEA

— EARLY MUSIC FESTIVAL 2024 —



THREE CENTURIES

— Michael Freimuth —
RENAISSANCE GUITAR
& *THEORBO*

— Jeffrey Cohan —
RENAISSANCE FLUTE
& *BAROQUE FLUTE*

Diego Ortiz (c. 1510 – c. 1576)
William Byrd (c. 1539–1623)
Giovanni Bassano (c. 1561 – 1617)
Girolamo Dalla Casa (fl. 1568 – 1584)
Giovanni Paolo Cima (c. 1570 – 1630)
Girolamo Frescobaldi (1583 – 1643)
Giovanni Battista Fontana (1589 – 1630)
Bartolomé de Selma y Salaverde (c. 1595 – after 1638)
Giovanni Battista Buonamente (ca. 1595 – 1642)
Arcangelo Corelli (1653 – 1713)
André Chéron (1695 – 1766)

Sunday, January 21, 2024 at 7:30 PM

✦ Unitarian Universalist Congregation of Whidbey Island ✦

✦ 20103 State Route 525 in Freeland on Whidbey Island ✦
suggested donation \$20 to \$30 a free will offering, all are welcome ✦ 18 and under always free
✦ www.salishseafestival.org/whidbey ✦



UUCWI is the Whidbey Island home of the Salish Sea Early Music Festival and we are privileged to welcome them for the second year.

Lutenist and guitarist Michael Freimuth from Kiel in Northern Germany joins Jeffrey Cohan for a musical tour of three centuries and five distinct

necked lute), the one-piece cylindrical renaissance flute along with the bass renaissance flute, and the one-keyed baroque flute.

This program offers an unusual and expansive journey through the 16th, 17th and 18th centuries and music for guitar, lute and flute, including elaborate jazzed-up versions of well known songs of the time, published by the incredible wind instrument virtuosi of the late 16th century, along with canzonas, sonatas and suites from Spain, Italy, England and France. 16th century composers Diego Ortiz, William Byrd, Giovanni Bassano and Girolamo Dalla Casa; 17th-century composers Giovanni Paulo Cima, Girolamo Frescobaldi, Giovanni Battista Fontana, Bartolomé de Selma y Salaverde and Giovanni Battista Buonamenti; and 18th-century composers Arcangelo Corelli and André Chéron will be represented on the program.

The Music Committee welcomes everyone and provides simple refreshments. Our Artist Series is one of the rare opportunities on the island to enjoy outstanding concerts and other events for a donation at the door. All are welcome. Bring your friends and family!

Vigil for

*Do not be daunted by
the enormity of the
world's grief.*

*Do justly, now. Love
mercy, now. Walk
humbly, now.*

*You are not obligated
to complete the work,
but neither are you
free to abandon it.*

—Rabbi Tarfon

*The heart of humanity
is an ocean of infinite
love and peace.*

—Jamal Rahman

Peace

A gathering in silent worship to pray for peace

1:00–2:00 PM

SUNDAY, JAN. 28

CORNER OF HWY 525 & MAIN STREET, FREELAND

*This is a time for inclusive prayer,
so we request no political signage.*

WHAT TO BRING:

A desire for peace, an umbrella or raincoat,
and a chair if that would be helpful.

As the ravages of war in Israel/Palestine, the Ukraine, as well as other parts of the world drag on, we experience heart wrenching grief. Quakers, or the Religious Society of Friends, have a 375-year-old tradition of opposing war and working for peaceful resolutions. We believe there is that of the Divine in each person, and war violates that sacredness. We work to stop conflicts before they erupt into violence and provide humane assistance to the victims of war.

MORE INFORMATION ABOUT QUAKERS & PEACEMAKING

Whidbey Island Friends Meeting: whidbeyquakers.org

Friends Committee on National Legislation: www.fcnl.org

American Friends Service Committee: afsc.org

About this vigil: Dinah Bachrach, bachrach@sonic.net

Organized by Whidbey Island Friends Meeting (Quakers)

3rd Sunday Dinners

After Sunday Services
at China City in Freeland
11:30 - 12:30

We're going back to China City and their large round table to enjoy each other's company, have quite a good number of laughs and share plates of Chinese food, family style! **Every third Sunday**, at 11:30, please join us at China City. Often, we've played a game with our little printed fortunes and found even more laughs. We'll begin in January on the 21st. Happy New Year!



Image by DJ Winebrinner

Women's Group

All Meetings 11:00am - 12:30pm

Wednesdays In Person at Various Locations

May be at a variety of impromptu locations by group members for activities together like having coffee, shopping, walking trails, visit studio or nurseries, going out to eat, etc. Sign up on our email list to receive those invites. Contact DJ Winebrinner by phone or email.

Image by Jonathan Borba on Unsplash

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UUCWI Initiative News

[New Initiative Proposal Form Link](#)

Subscribe	Past Issues	Translate ▼
	Spiritual Development <ul style="list-style-type: none"> • Visual Arts Committee • Music Committee • Worship Committee 	Troyan Copeiana
	Member Service <ul style="list-style-type: none"> • Membership • Library • Engagement Development 	Clara <u>Beier</u>
	Technology <ul style="list-style-type: none"> • Tech Team • Internet 	Janet Garrow
	Building and Grounds	John Long and Don Winebrinner
	Finance <ul style="list-style-type: none"> • Finance • Stewardship 	Lois Chowen
	Community Outreach <ul style="list-style-type: none"> • New Initiatives • Social Justice 	Rommel Nunn

Native Connections Initiative



JANUARY NEWSLETTER [HERE](#):

[Join our email list](#) to automatically receive our monthly NCI newsletter in your inbox, and to receive the Zoom link to our meetings.

FOLLOW-UP TO JANUARY NCI MEETING:

In our January meeting, we showed the film, *Covenant of the Salmon People*, produced by the Nez Perce Tribe. If you missed our showing, you can stream the beautiful, meaningful 57-minute documentary free here:

[Covenant of the Salmon People](#)

importance of salmon to Coast Salish Tribes. This month is the 169th anniversary of the Point Elliott Treaty, which was one of several treaties that preserved the rights for Tribes to engage in fishing and hunting in all their usual and accustomed places. It wasn't until 1974 that a legal decision--the Boldt Decision-- was made to enforce those treaty rights, and only after the Native people engaged in many strong political actions, collectively called the Fish Wars.

See a [Timeline of the Fish Wars and the Boldt Decision](#).

Read a detailed account in the Seattle Times by one of our favorite reporters, Lynda Mapes: [how the Boldt Decision 50 years ago](#) remade Pacific Northwest fishing. A short documentary about the fish wars and the Boldt decision is embedded in the article.

START READING!! WINTER BOOK DISCUSSIONS:

Frances Wood will again lead us in three discussions by Native authors. Stay tuned for dates, but start reading these excellent selections!

March: [Seed Keeper](#) by Diane Wilson

April: [Red Paint](#) by Sasha LaPointe

May: [Jesintel: Living Wisdom from Coast Salish Elders](#)

RETURNING TO THE LAND:

[A 4-part series](#) co-sponsored by [Decolonizing Quakers](#) and presented by Nia to Go There (Cree). You can join the next Modules without seeing the first Modul.

Module 1: Saturday, January 13, 12:30-3:30 PST, *Cultural Perspectives*

Module 2: Saturday, January 27, 12:30-3:30, *Seeing with a Native Eye*

Module 3: Saturday, February 10, 12:30-3:30, *Colonization*

Module 4: Saturday, February 27, 12:30-3:30, *Decolonization*

LEGISLATIVE ACTIONS TO TAKE NOW:

These bills directly impact Indigenous people who are incarcerated in Washington State.

The legislative website makes it very easy; it takes just a couple of minutes to click on a link for a bill and enter your comment.

Bills to promote this session include:

"Through a wide spectrum of color and style, Jackson's vibrant, timely work captures the emotion and complexity of the encounter between the historical, the archetypal, and the human—sometimes embodied in images of figures from the US civil rights movement adjoined by mystical figures from spiritual and religious traditions worldwide."

USL Resources on Racial Justice and Intersectionality

We highly encourage you to check out some educational resources on racial justice listed on [USL's website](#) such as *So You Want to Talk About Race*, *Stamped From the Beginning*, *Climate Change is Racist*, and more. Additionally, there is a collection of podcasts such as "1619" and "The Real Black History," that shed light on Black history that has often been excluded from classrooms.

Audrey Gmerek on behalf of USL

submitted, with edits, by UUCWI/USL liaison Gary Piazzon



Members and Friends Facebook Group

UUCWI has a **Members and Friends Facebook Group** to encourage sharing information, resources, and discussions. Check it out [here](#).

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Social Environmental Justice



"Darkness cannot drive away darkness, only light can do that. Hate cannot drive away hate, only love can do that." Martin Luther King

Mark Your Calendars!

- **POSTPONED! The 18th Annual MLK Day "Blessed are the Peacemakers: event** at St Augustine's in the Woods was postponed due to the weather. It is being rescheduled. We invite you to witness Reverend King's "[Beyond Vietnam](#)" speech and note how prescient he was, *"The war in Vietnam is but a symptom of a far deeper malady within the American spirit, and if we ignore this sobering reality, we will find ourselves organizing "clergy and laymen concerned" committees for the next generation.*
- **January 22- JUUWA Annual Legislative Summit- 9AM**, on line, features briefings by Representative Beth Doglio and Senator Manka Dhingra on legislation of interest to UUs in Washington. Register & learn more [here](#).
- **February 3 - Sound Waters One Day University** is back to an in person event. There is much to learn about pertinent to the health of our environment upon which we are all dependent. This year it will be in Coupeville. Registration is open. Register & learn more [here](#).

The Epidemic of US gun violence continues to escalate and children are suffering. There were a record 656 mass shooting and [82 school shooting in the USA](#) in 2023. There were 42,926 gun deaths in 2024. These numbers are steadily growing. In 2008 there were 18 school shootings. There have already been 2 in 2024. Basic facts related to children:

- Guns violence is now the leading cause of death for US youth
- 4,000 are killed annually and 15,000 injured by gun violence
- 3 million have been directly exposed to gun violence

- 80% believe it is a problem
- 60% believe laws should be stricter
- 51% are worried about school shooting
- many know someone who has been injured or killed

submitted with hope and humility by UUCWI member Gary Piazzon
all images publicly sourced

Submissions

UUCWI Weekly E-News

Purpose: To remind and inform UUCWI congregation & visitors of upcoming services and church-related events.

Published: Weekly, sent Fridays at 5:00 a.m. via MailChimp.

Deadline: All submissions must be sent to editor by **WEDNESDAY AT NOON** for the current week's publication.

Submissions:

- Be direct and concise in your announcement.
- Think of what, when, where, and why. Suggest a short headline.
- Avoid using acronyms or abbreviations. If you do, define your acronym or abbreviation in your first use, like this: *Unitarian Universalist Congregation of Whidbey Island (UUCWI)*.
- You may include a graphic if you would like but must credit the artist/source.
- Do not use personal emails or telephone numbers. Contact admin@uucwi.org if you would like to arrange contact information for your item.

Topics:

- Worship Services and congregational news
 - Messages from the Minister
 - Board of Trustees and UUCWI Official Notices
 - Committee, Initiative and Program news submitted with the approval of the Chair, Initiative or Program Leader
 - UUA information
-

To avoid duplicating other island announcement services, like Brew's List, we will not accept notices for community events, unless UUCWI is a sponsor of, or a congregant is a participant in, the event.

Editing: The eNews editor will review each submission. Any post needing substantive editing will be returned and will need to be re-submitted.

All submissions for eNews are due by

WEDNESDAY AT NOON.

Please send all submissions to UU Staff at admin@uucwi.org

Thank you!



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