

The Unitarian Universalist Congregation of Whidbey Island Weekly News

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This Sunday's Service January 14, 2023 10am

Something Judges Us, Something Accepts Us Rev. Bruce Bode

With Terra Anderson, Worship Leader and Eileen Soskin and Heather & Darren McCoy, Special Music

Please join us in person or on Zoom.

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"You are perfect the way you are ... and you could use a little improvement," writes Japanese Zen teacher Shunryu Suzuki. This sermon explores our interior sense of being both judged and accepted. We will have a Dedicated Offering Collection for <u>Island Senior</u> <u>Resources</u> this service.

Rev. Bruce A. Bode is Minister Emeritus at the Quimper Unitarian Universalist Fellowship (QUUF) in Port Townsend, Washington, from which he retired in 2018 as the Senior Minister after serving the congregation for fourteen years (2004-2018). Before coming to Port Townsend, Rev. Bode was the Interim Minister of the First Unitarian Universalist Church of Houston, Texas (2002-2004) and the Hope Unitarian Church in Tulsa, Oklahoma (2001-2002). Prior to that, he served for twenty-two years (1978-2001) as an Associate Minister at the Fountain Street Church in Grand Rapids, Michigan, a large, independent, religiously liberal congregation.

Service Link

If you have trouble joining our Zoom meeting, email webmaster@uucwi.org for help.



Next Sunday's Service January 21, 2023 10am

> Joyful Effort Rev. Leslie Boies With Effie Brown, Worship Leader

and Heidi Hoelting, Special Music

Buddhism teaches various virtues and qualities we can cultivate to help us live our lives wholeheartedly and free from suffering. One of them is Joyful Effort. But what is that? And what does it look like in our daily lives? Join our guest speaker as she shares her "field notes" on practicing Leslie Boies lived at Green Gulch Farm Zen Center in the Bay Area for three years where she was lay ordained in the Soto Zen Buddhist tradition by Tenshin Reb Anderson in 1993. After leaving Green Gulch, she completed her Master's degree in Organizational Psychology in order to help groups and organizations work together more skillfully. She has worked as a consultant, coach and facilitator with nonprofits, government agencies, universities and health care organizations for over 25 years, primarily in the area of leadership and team development. In 2006-2007 she attended the Chaplaincy Institute in Berkeley, CA where she was ordained as an interfaith minister. She and her husband moved to Whidbey in 2018 and are delighted to call it home.



This Week's Calendar <u>Click here</u> to view our full UUCWI Calendar. Click on blue titles for Zoom link.

Check out our <u>Members and</u> <u>Friends Facebook Page</u>.

Image by Aaron Burden on Unsplash

Friday, January 12

Saturday, January 13

Sunday, January 14 10am <u>Worship Service</u> (In Person and on Zoom) Book Talk after service (Library)

Monday, January 15 MLK Day 1 - 3:30pm Board of Trustees (Cascade Room)

Tuesday, January 16 10am - noon <u>Membership Committee</u> (Zoom) 10am - noon Finance Committee (Cascade Room) 3:30 - 4:30pm <u>Caring Circle</u>

Wednesday, January 17

Thursday, January 18

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Announcements and News

Board Briefs

Emergency Closure Protocol

Should the BOT determine that driving conditions will be dangerous or worse on Sunday morning, an email alert will be sent Saturday afternoon advising that Sunday's service will be on Zoom only (no inperson). It is important that everyone stay safe.

Board of Trustees Meeting

The BOT will meet on Monday, January 15, at 1:00 at UUCWI (a change this month from the usual meeting day/time). The agenda will include review of our financial status, planning for a March congregational workshop and other matters.



Image by Annie Spratt on Unsplash.

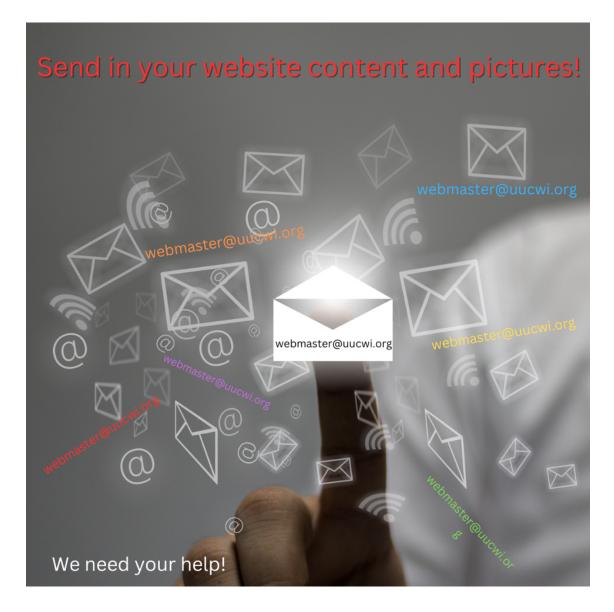
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Past Issues

UUCW1 offers comfort and presence when times of trauma and distress touch our lives. We have a pastoral care team which includes Rev. Kate Lore, our interim minister for pastoral care. If you or someone you know might benefit from this offering please consider contacting our coordinator, Bill Graves, at <u>pastor@uucwi.org</u>.

UUCWI also has a Caring Connections team that can provide needed shortterm support of a logistical nature (food, a ride to medical, etc.). To make requests email Jane Hayes, our interim coordinator of these types of services, at <u>caringconnections@uucwi.org</u>.





New Gallery Show The Natural World

"The Natural World" is celebrated in the newest UU Gallery show. During the cold winter months of January and February, our Gallery will keep us warm with beautiful pastel images created by Annette Hanna. This show also includes the ceramic work of Jill Lipoti. The earthiness of both clay and chalk come together in an expression of admiration for the world in which we live.

A reception for this show will be held following the Sunday Service on the 14th of January.

UUCWI Artist Series Presents First 2024 Concert

Sunday, January 21, 7:30 PM

SALLS H SEC FESTIVAL 2024

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Michael Freimuth
 RENAISSANCE GUITAR
 CHEORBO

← Jeffrey Cohan ← RENAISSANCE FLUTE ⊗ BAROQUE FLUTE

Diego Ortiz (c. 1510 – c. 1576) William Byrd (c. 1519 – 1642) Giovanni Bassano (c. 1561 – 1617) Girolamo Dalla Caso (f. 1568 – 1584) Giovanni Paulo Cima (c. 1570 – 1630) Giovanni Battista Fontana (1589 – 1643) Giovanni Battista Buonamenti (c. 1595 – 1642) Arcangelo Corelli (1653 – 1713) André Chéron (1065 – 1766)

Sunday, January 21, 2024 at 7:30 PM Unitarian Universalist Congregation of Whidbey Island * + 20103 State Route 525 in Fredand on Whidbey Island 4 reggested domino \$20 to \$300'a free will offering, all are vectome \$\$18 and under always free \$\$www.salishseafestival.org/whidbey \$\$

UUCWI is the Whidbey Island home of the Salish Sea Early Music Festival and we are privileged to welcome them for the second year.

The Music Committee welcomes everyone and provides simple refreshments. Our Artist Series is one of the rare opportunities on the island to enjoy outstanding concerts and other events for a donation at the door. All are welcome. Bring your friends and family!

3rd Sunday Dinners

After Sunday Services at China City in Freeland 11:30 – 12:30

We're going back to China City and their large round table to enjoy each other's company, have quite a good number of laughs and share plates of Chinese food, family style! **Every third Sunday**, at 11:30, please join

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the 21st. Happy New Year!



Women's Group

All Meetings 11:00am - 12:30pm

Wednesdays In Person at Various Locations

May be at a variety of impromptu locations by group members for activities together like having coffee, shopping, walking trails, visit studio or nurseries, going out to eat, etc. Sign up on our email list to receive those invites. Contact DJ Winebrinner by phone or email.

Image by Jonathan Borba on Unsplash

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UUCWI Initiative News

New Initiative Proposal Form Link

Subscribe	Past Issues		Translate 🔻
	 Spiritual Development Visual Arts Committee Music Committee Worship Committee 	I oyan Copelana	
	Member Service Membership Library Engagement Development 	Clara <u>Beier</u>	
	Technology • Tech Team • Internet	Janet Garrow	
	Building and Grounds	John Long and Don Winebrinner	
	Finance • Finance • Stewardship	Lois Chowen	
	Community Outreach • New Initiatives • Social Justice	Remmel Nunn	

Native Connections Initiative



JANUARY 10, 6:30pm: NCI MONTHLY MEETING

Join us to watch *Covenant of the Salmon People* followed by discussion with a producer. This documentary is a portrait of the Nez Perce Tribe as they continue to carry out their ancient promise to protect Chinook Salmon. In our December meeting, we focused on the environmental and tribal priorities of taking out the four Lower Snake River Dams. This documentary beautifully portrays the tribal perspective of taking the dams out.

DECEMBER NEWSLETTER HERE:

Join our email list to automatically receive our monthly NCI newsletter in

HISTORIC AGREEMENT ON LOWER SNAKE RIVER DAMS:

On December 14th the Biden administration <u>announced its support</u> for preparing to breach the four Lower Snake River Dams (LSRD) in the Columbia River Basin through an agreement with four tribal nations, two states and several conservation groups. Read the High Country News article <u>here</u> and the White House Fact Sheet <u>here</u>. The decision to actually breach the dams must come from Congress, so we are encouraged to continually advocate with our federal legislators for breaching the LSRD.

WINTER BOOK READING AND DISCUSSIONS:

March: <u>Seed Keepe</u>r by Diane Wilson April: <u>Red Paint</u> by Sasha LaPointe May: <u>Jesintel: Living Wisdom from Coast Salish Elders</u>March: <u>Seed</u> <u>Keepe</u>r by Diane Wilson

INDIGENOUS CALENDARS:

Two local Salish Sea Tribes have created Indigenous online calendars that are logical to the Peoples who have close relationships with our local, natural environment.

<u>SAMISH 13 MOONS</u>: For the Samish, after the *Moon of the Elders* (December) is the *Moon of New Life and New Beginnings* (mid-December to mid-January.) Listen to the story of the <u>Maiden of Deception Pass</u> as told by Leslie Eastwood, a Samish member.

<u>SWINOMISH 13 MOONS PROJECT</u>: Children of the Setting Sun Productions brings us stories and activities on YouTube for each of the 13 Moons. To the Swinomish Tribe, the *Moon of the Sacred Time* spans mid-December to mid-January, followed by the *Moon of the Windy Time*.

BOARDING SCHOOLS:

Two excellent articles exploring the issues of Indigenous boarding

In High Country News: <u>Washington State works to reconcile its history of</u> <u>Indigenous Boarding Schools</u>. An all-Indigenous committee will identify the state's responsibility of rectifying harm caused to boarding school In the New York Times: An interactive <u>map and article</u> on the boarding schools published in late August.

RETURNING TO THE LAND:

<u>A 4-part series</u> co-sponsored by <u>Decolonizing Quakers</u> and presented by Nia to Go There (Cree). Module 1: Saturday, January 13, 12:30-3:30 PST, <u>Cultural Perspectives</u> Module 2: Saturday, January 27, 12:30-3:30, <u>Seeing with a Native Eye</u> Module 3: Saturday, February 10, 12:30-3:30, <u>Colonization</u> Module 4: Saturday, February 27, 12:30-3:30, <u>Decolonization</u>

INDIGENOUS NEWS SOURCES: If you'd like to stay current on the news from Indigenous people and their communities, here are some excellent sources: <u>Native News Online</u> <u>Indian Country Today</u> <u>High Country News, Indigenous Affairs</u> <u>Seattle Crosscut, Indigenous Affairs</u>

Supporters of United Student Leaders Initiative



Welcome to 2024! A new year can bring new opportunities and resolutions!

Fundraiser Wrap-Up

We want to extend a huge thank you to those who were able to donate the 2023 USL fundraiser. We raised \$3,600 to support student-led activism and global change. While we weren't able to reach our goal, we are still looking forward to what lies ahead in 2024, including a Puget Sound youth climate summit and a public education funding campaign. Thanks to your

Once Again, Another Record-Breaking Season

The United States is on track for a warm, record-breaking winter following a year of extreme temperatures. "*Greenhouse gas levels are at a record high (422 ppm). Global temperatures and sea level rise are at record highs. Polar sea ice is at record lows. It's a deafening cacophony of broken records,"* stated, Petteri Taalas, chief of the UN's World Meteorological Organization. The effects of the climate crisis coupled with El Niño conditions have led to much warmer temperatures. Many local ski resorts in the Pacific Northwest opened much later this season and still face limited snow coverage. The absence of a cold period can also lead to a decrease in nut and fruit production, affecting many farmers when spring rolls around. These records remain only temporary—they themselves will soon be broken—as the progression of the climate crisis continues to push Earth to unprecedented extremes."

2024 Presidential Election Looms

The upcoming 2024 presidential election is already beginning to fill the news. Often during a general election year, major news channels cover little else. Community organizers struggle to raise money, maintain membership, and engage community members when presidential elections are sucking the energy out of many local issues. While voting in the presidential election is as essential, we encourage you to pay extra attention to non-presidential news. We urge you to vote but also to expand your role in democracy: supporting community groups, protesting, attending local meetings (ex: school board/city council), writing legislators, continuing to educate yourself and others on important issues, and more.

In gratitude,

Lilly Katzinger, Naomi Atwood, Kjersti Ringsrud, and Audrey Gmerek on behalf of USL

*submitted with edits for brevity & clarity by UUCWI member and USL liaison Gary Piazzon



Members and Friends Facebook Group

UUCWI has a Members and Friends Facebook Group to encourage sharing information, resources, and discussions. Check it out <u>here</u>. <u>Back to top</u>

Social Environmental Justice



"Gun violence is a uniquely American Problem - and our youth are bearing the brunt of it." Angela Ferrell-Zabala exec. dir. of Moms Demand Action

The Epidemic of US gun violence continues to escalate. There were a record 656 mass shooting and <u>82 school shooting in the USA</u> in 2023. There were 42,926 gun deaths in 2024. These numbers are steadily growing. In 2008 there were 18 school shootings. There have already been 2 in 2024. Basic facts related to children:

- Guns violence is now the leading cause of death for US youth
- 4,000 are killed annually and 15,000 injured by gun violence
- 3 million have been directly exposed to gun violence

A <u>new study</u>, a survey of youth 14- 30 years old, reveals the significant impact on the mental health of our children.

- 80% believe it is a problem
- 60% believe laws should be stricter
- 51% are worried about school shooting

Mark Your Calendars! This Month:

- January 15 18th Annual MLK Day "Blessed are the Peacemakers: Swords into Plowshares" will focus on solutions to gun violence. St Augustine's in the Woods 5217 Honeymoon Road, Freeland, WA at 1PM All are welcome
- January 22- JUUWA Annual Legislative Summit-9AM on line features briefings by Representative Beth Doglio and Senator Manka Dhinga on legislation of interest to UUs in Washington. Learn more <u>here</u>.

"Legislation won't change the heart, but it will change the heartless." Martin Luther King

submitted with hope and humility by UUCWI member Gary Piazzon all images publicly sourced

Submissions

UUCWI Weekly E-News

Purpose: To remind and inform UUCWI congregation & visitors of upcoming services and church-related events.

Published: Weekly, sent Fridays at 5:00 a.m. via MailChimp.

Deadline: All submissions must be sent to editor by WEDNESDAY AT NOON for the current week's

publication.

Submissions:

- Be direct and concise in your announcement.
- Think of what, when, where, and why. Suggest a short headline.
- Avoid using acronyms or abbreviations. If you do, define your acronym or abbreviation in your first use, like this: Unitarian Universalist Congregation of Whidbey Island (UUCWI).
- You may include a graphic if you would like but must credit the artist/source.
- Do not use personal emails or telephone numbers. Contact <u>admin@uucwi.org</u> if you would like to arrange contact information for your item.

worship services and congregational news

- Messages from the Minister
- · Board of Trustees and UUCWI Official Notices

· Committee, Initiative and Program news submitted with the approval of the Chair, Initiative or Program

Leader

- UUA information
- · Local events UUCWI sponsors

To avoid duplicating other Island announcement services, like Drew's List, we will not accept notices for community events, unless UUCWI is a sponsor of, or a congregant is a participant in, the event.

Editing: The eNews editor will review each submission. Any post needing substantive editing will be returned

and will need to be re-submitted.

All submissions for eNews are due by

WEDNESDAY AT NOON.

Please send all submissions to UU Staff at admin@uucwi.org

Thank you!



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