



# Island Passages *August 2015*

## Upcoming Services

**August 2, Relationship as Spiritual Practice** with Jeanne Strong

As I get older I begin to understand it is not what I do, but how I be with others in the world that ultimately matters. For it is through relationship that I learn who I am and become a better person as I learn to listen to who you are. How do we rise above the paradox, the challenges, and the duality of relationship to embrace a greater sense of aliveness?

Special Music: Teo Benson

Worship Leader: Libby Roberts

**August 16: Living the Four Agreements**

What are the agreements we make with ourselves about living our lives? How do they affect those we love and those with whom we interact? How do they help or hinder us? Join worship leader Laurie Riley and other UU speakers for an exploration of four essential inner agreements and how we experience what happens in our lives when we do and do not honor them.

Worship Leader: Laurie Riley

**August 31: Guideposts for Whole Hearted Living**

How do you cultivate these qualities in your life: authenticity, self-compassion, a resilient spirit, vulnerability, gratitude, creativity, meaningful work, laughter, song and dance? We will draw on the work of Brené Brown, a research professor at the University of Houston Graduate School of Social Work, to explore these topics as they relate to our everyday experiences and to examine how we might embrace a more wholehearted way of living.

Special Music: Callan Barrett

Worship Leaders: Eileen Soskin & Ruth Richards

**August 9: Covenant of Right Relations** with Rev. Dennis

Each Sunday we recite together the short statement we call our Affirmation and we publish on the back of our Order of Service our *Covenant of Right Relationship*. Yet, seldom do we ask what *is* a “covenant” and how might we do more than just speak the words? What might a wholehearted embrace of our covenant mean to our daily thoughts and actions?

Worship Leader: Dave Cauffman

**August 23: Animal Blessings** with Rev Dennis

Our lives our enriched by our connections to other animal species. Some of these animals inspire us and enlighten us. Some live with us and sometimes we own them and sometimes they own us. Let us gather to celebrate, honor and bless the animals in our lives. You are invited to bring a pet, or perhaps a photo, for a special ritual blessing.

Worship Leader: Sara Heath

Dedicated Offering: Orca Network

*Welcome to the August newsletter. You will immediately notice some new formatting. And shortly you will enjoy reading the product of a new editor. This will be the last issue I assemble, and starting immediately our brilliant new administrator, Meri, will take responsibility for the newsletter. I hope you will be generous providing material for her to craft into this monthly communiqué. She has many clever ideas for new formatting to make it more captivating and interesting, as well as article content. She is curious about what you would like to read. Please send along your ideas for themes, topics and details to [newsletter@UUCWI.org](mailto:newsletter@UUCWI.org). Perhaps you would like to know about the work of our committees or read biographies of board members, new members and others? Perhaps you have a poem you would like to share? Do you want more history lessons? Please think about what would intrigue you and write to Meri. ~ Terra*

## The Minister's Corner



### UU and Me

In recent weeks I have been gifted with some great UU emersion experiences, a wide range of gatherings and connections.

They began with an opportunity to meet and spend time with Roux Malan, the minister of the Unitarian Church of Cape Town South Africa. He spent a night in our guest room and then we traveled to Portland where we gathered with 450 Colleagues for Ministry Days, the annual gathering of the UU Ministers Association (UUMA). The two day event, which I call "a pep rally for UU preachers," included some amazing worship, a stirring and a challenging keynote from Rev. Dr. Rob Hardies, who serves All Souls UU in

Washington D.C. Colleagues encouraged us to commit to step out of our comfort zones and help Unitarian Universalism become a movement of true inclusivity, across race, across genders and identities, and across class.

Next was the General Assembly of our Unitarian Universalist Association. There were 16 of us from our Whidbey congregation in attendance. By the time you read this, many of you will have heard more about that experience at the July 26 worship service. Suffice it to say that gathering was amazing with 5,000 plus UU's from across the country and around the world participating in shared governance, attending workshops, worshipping, and to simply being together.

The General Assembly was shaped by events happening at that time. The shootings in the AME church in Charleston, South Carolina, which occurred just days before we arrived, cast a shadow over our coming together as a faith community. In his statement about those killings, UUA President Peter Morales reminded us that in Chattanooga Tennessee in 2008 Unitarian Universalists were also the victims of prejudicial violence. Many GA attendees watched President Obama's impassioned eulogy for one of the Charleston victims and the news reports of the burning of black churches that followed with heavy hearts. These events added emphasis to the call for UU's collectively and individually to engage in support of *Black Lives Matter* efforts. <http://www.uua.org/worship/collections/black-lives-matter>

Mid-week, all of us at GA celebrated an amazing civil liberties milestone when the news reached us that the Supreme Court had ruled that same sex marriage was legal in all 50 states. Rainbows and happy smiles appeared everywhere and a special celebration worship service was quickly planned filling the halls with hoorays and halleluiahs.

Suzanne and I had less than 2 weeks to recover before we headed off for our annual week with Eliot Institute, our District's UU family camp at Seabeck Conference Center over on the Olympic Peninsula. There we studied and talked and swam and boated and sang and worshipped with 250 other UU ranging in age from 7 weeks to 85 plus. It was great!

Now we are home, rested just a bit and renewed in our commitment to this unique movement we call Unitarian Universalism. ~ Rev Dennis Reynolds

I hope you are curious to learn more about our annual General Assembly. The web site is full of information that might inspire you and perhaps encourage you to attend in the future:

- Stories about GA from the on-line version of the magazine UU World can be accessed at <https://www.uuworld.org/ga>
- Videos and scripts of worship services, musical offerings, the Ware Lecture by the incomparable Rev. Dr. Cornell West, some of the workshops and other happenings are available at <https://www.uuworld.org/ga>

At the UUA 2015 General Assembly, delegates resoundingly supported passage of a Statement of Conscience affirming UU commitment to reproductive justice. "As Unitarian Universalists, we embrace the reproductive justice framework, which espouses the human right to have children, not to have children, to parent the children one has in healthy environments and to safeguard bodily autonomy and to express one's sexuality freely." ~ <http://www.uuworld.org/articles/uuaga15-session-3>

## From Our Leadership

### Board Going's On... What is all the yammering about?

Some of you might have gotten an email invitation to join Yammer, but what the heck is that?

Yammer is a collaboration platform that is useful if you work in groups. We work in groups, so we thought we'd try it out and see if it can help committees, the board, and other groups work more effectively.

Yammer can accommodate discussions that can be followed (threads). It has a notes section in which people in the group can edit a note and add information. Users can upload files that are useful to the group/committee. Our Yammer network can be separated into working groups so each group can have private conversations as needed within that working group. Your Yammer profile can be set up so that when someone posts in a group that you are involved in, you will be notified via email or not - you have choices on how you get notified of activity.

The reason we hope this replaces email is because there are "issues" with email. Often people don't manage email communications within a group very well, they reply to sender instead of all, or reply to all instead of sender which can derail a discussion or announcement. They often don't include all the addresses that should be included in a particular topic area. And finally, people lose them regularly and/or they end up in spam filters so people don't get the info they should

In a platform such as this members of groups can see the threads of discussions, so they don't miss out. They can see the files associated without have to figure out to which email that file might have been attached. And members of a group can use a "note" to collect information or collect reports for a meeting. There are many ways to use the editable notes feature. Files, such as meeting notes, spreadsheets, reports, or lists can be uploaded for members of a particular group to have access.

In the interests of openness, transparency, and collaborative interactions the board thought Yammer would be a good platform to use to work on projects. In a small group training we had for the board members they got excited about the potential and agreed to give this a try.

For a church with our geographic dilemmas, meetings are often impossible or very difficult to arrange and/or attend. This way there is a backup resource for discussions, etc.

I encourage you to try it out and see how it works as we muddle through figuring out how to use it within each of our groups/committees.

In Constant Learning, ~ Sarah Richards, President, Board of Trustees



**A Long Range Planning Team has been chartered! Members include** Clara Beier, Toyan Copeland, Paula Keohane, John Long, Marie Luczyk, Laurie Riley, Glo Sherman, Rick Weiss, and Frances Wood. More information will be forthcoming next month. Meanwhile, plan to chat with any of these folks to share your observations, dreams, and aspirations for UUCWI.



Our July dedicated offering of \$450 will support the Lummi Totem Pole Journey. We stand with our native brothers and sisters in opposition to the growing carbon pollution from our continued mining and burning of fossil fuels.

*Thank you for your generosity, UUCWI!*

## All the Fun Activities that make us a Community...



### **Attention all lovers of singing!**

Our UUCWI choir usually rehearses two Tuesday evenings and sings at one service each month. Would you like to join us? The choir is open to anyone who loves to sing with others and would like to make a spiritual contribution to our services and improve their ensemble singing skills. With minimal rehearsal time each month, the expectation is that you will attend all rehearsals and work a bit on your pieces outside of rehearsal ... often, practice files are made available online to help you in this. Since we work on a monthly basis, you can be gone for travel and still participate the months you are here

... just please let Mavis know so she can plan ahead.

We'll start the church year with an informal potluck on **Tuesday, September 1** at 6 pm at the home of Dave and Mavis Cauffman. At that gathering we'll also rehearse our two pieces for the worship service on September 13. Our second September rehearsal will be on September 8, 7 - 8:30 pm at UUCWI. You can always check choir information (rehearsal dates, pieces we'll sing, links to Youtube versions of our songs or rehearsal files, etc.) at our choir website: [uucwi-choir.weebly.com](http://uucwi-choir.weebly.com)

If you have any questions, feel free to contact Mavis at [mgc@whidbey.com](mailto:mgc@whidbey.com) or 360-579-4053. You can also talk to any member of the choir -- or just come and check us out! But do please let Mavis know you are coming so she can have music ready. ~ Mavis Cauffman

### **UUCWI Pastoral Associates Invite UUCWI Elders To Dinner**

If you were born before Pearl Harbor you are one of our *Elder Sages*. UUCWI Pastoral Associates are sponsoring an event to be held in your honor, celebrating the knowledge you bring to our community and contributions you make to the life of our church. Please, bring a spouse or friend and join us for a light dinner and music. A magical combination of fabulous food, wonderful music, and great conversation awaits you! We will gather at Gloria Sherman's One Spirit Garden, 7131 Holst Rd., Clinton on Wednesday, August 12 at 4pm

Please RSVP to Reverend Dennis Reynolds [minister@uucwi.org](mailto:minister@uucwi.org), 541-517-7325

If you need transportation, please let Rev. Dennis know when you RSVP and a ride will be arranged for you. Traveling in groups will add to the merriment of the occasion so don't hesitate to ask if you would like a chauffeur. See you there! ~Sara Heath on behalf the UUCWI Pastoral Associates



### **Coffee! Oreos?**

Donuts? Gluten-Free Treats?  
Seasonal Fruit? Cheese?  
Crackers? Delectable  
Conversation! Volunteers are  
needed to handle the Sunday  
after-service Coffee and

Refreshments Won't you sign up to help? Plenty of dates are still available! Check the large calendar on the back of the kitchen door and sign your name on the date of your choice. Help put a smile on someone's face and a treat in their tummy ~ Gaye Simpson

### **Lunch Bunch**

August 9 will be the next *Second Sunday Lunch Bunch* at Freeland China City at 11:45. We have had a great turnout the past few months, so let's keep it going. Please come. It's a nice way to share a meal with friends and enjoy a spontaneous discussion.

Questions? Please contact Jelcy Romberg at [Jelcy@jelcy.com](mailto:Jelcy@jelcy.com) or call 360 222-3355





~ photo by Joan Gerteis

**The weather was brisk but the company was warm. The UUCWI Women's Annual Retreat was well-attended and fun had by all. ☺**

**Lifelong Learning...** You may have heard that my position at UUCWI has changed a bit. I am now coordinating class offerings for all ages at UUCWI.

We are moving away from "RE" classes, what we used to call Religious Exploration and using the more all encompassing term Lifespan Spiritual Development. This more accurately reflects our values and encompasses learning at all ages.

What does this mean for RE families? Well we will have the same great program, Game Night, Outdoor Explorers Scouting, Intergenerational Services, Parent Groups and more. And we have yet to determine what it will mean to you adults. We will continue to offer study groups as you are inspired to convene them. But what else would intrigue you?

There is a task force forming to develop this program and we would welcome your ideas and feedback. Please feel free to send me note and also let me know if you are interested in joining the Task Force. We would love to have

your input.~ Ginger White

[lifespancoord@uucwi.org](mailto:lifespancoord@uucwi.org)

**New Book Group Forming...** *Better Than Before: Mastering the Habits of Our Everyday Lives* by Gretchen Rubin

Many of us have habits, or ways of being in the world, that we would like to change. Even as adults in charge of ourselves, there are conscious and unconscious forces within us, keeping us on those well-worn, daily tracks. Habits are the invisible architecture of our everyday lives. Our routines (simply a series of habits) solve the problem of having to make millions of daily decisions, a major reason for keeping these habits.

What if we could understand the role these habits play for us? Through her research and personal experience, Gretchen Rubin provides us with coherent and practical approaches to the difficulties we find in changing our daily ways of being. For three Wednesday evenings in **October (7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>)**, together we will explore this well-researched, highly insightful commentary on adults in our culture. We will laugh and learn while enjoying her humor, stories and suggestions for making those changes we've been trying to make. ~ Judy Kaplan

**Member's gifts:**

*Do you have a poem or a bit of prose, maybe a special photo you would like to share with the congregation? If so, please send it to [newsletter@uucwi.org](mailto:newsletter@uucwi.org) so this newsletter can become a reflection of the talents of our whole congregation.*



~ photo by Nick Fowler

**Practicing Gratitude:** *Whom would you like to thank at UUCWI? Has someone brought you a bouquet of flowers or a cup of soup? Or reached out to you when you needed a friend? Perhaps someone gave you a smile that lifted your spirits? The newsletter is a nice place to make your thank-you's visible. Sign them or send them from a secret admirer, but do send a thank you! You'll make someone's day ☺*

Thank you **Dave Sweetwood** for mowing our grounds! And thank you **Chris Bell** for all the native plants you have sprinkled throughout our grounds and then carefully nurtured. Our entry sign looks better and better as those ferns mature. I'm noticing how lovely our grounds look due to your tender loving care. I bet others are as well. And thank you **Gene Berg** for attending our combination lock and reminding us to focus on the safety and security of our building! ~ a secret admirer



## He Found a Planet and Founded a Church



This year marks the 85<sup>th</sup> anniversary of the discovery of Pluto. In 1930, Clyde Tombaugh, at the Lowell Observatory in Flagstaff, Arizona, discovered what some astronomers had declared impossible, and others had been seeking for a quarter century - a ninth planet in our solar system, later named Pluto. Nine years after his death NASA's New

Horizons began its discovery voyage, with some of his ashes aboard.

This year also marks the 60<sup>th</sup> year since Clyde and his wife Patsy, helped found the UU Church of Las Cruces, New Mexico. While at university, the couple had visited Unitarian churches in Kansas. When Clyde joined New Mexico State University in 1955 to found its now-renowned astronomy program, he joined students interested in starting a church of their own. Patsy is the only living charter member still at the church (Clyde died in 1997).

Few astronomers have seen the sky in such detail. As Tombaugh liked to say, "I've really had a tour of the heavens."

To learn more, the UU World featured him in an article.

[http://www.uuworld.org/articles/tombaugh-discovered-pluto?utm\\_source=n](http://www.uuworld.org/articles/tombaugh-discovered-pluto?utm_source=n)

Wouldn't he have been proud of the photos returning from his discovery? ~ Mavis Cauffman



## A Nun on the Bus

We have the incredible opportunity to hear Sister Simone Campbell speak on **August 26<sup>th</sup>**  
**St Augustine's**  
**7:00 pm**

You may have heard her on 60 Minutes, John Stewart, the Colbert Report, or Bill Moyers. She is credited by President Obama with assuring the passage of the Affordable Care Act. She also delivered the Ware Lecture at our UUA national General Assembly in 2014.

<http://www.uua.org/economic/ga/ware-campbell>

An activist, lawyer, person of faith and a champion of the disenfranchised and marginalized, she will be here to inspire and challenge us with a talk entitled "*The intersection of concern for the climate and our economic crisis – that's the place we need to change.*" In 2012 she led a group of fellow nuns throughout the country to rally support against Congressman Paul Ryan's budget, a plan that cut vital social programs for the hurting poor and the struggling middle class. This is an intelligent, motivated, determined woman who embodies our UU values. You won't want to miss her.

This event is sponsored by the Greening Congregations of Whidbey Island, of which UUCWI is an active member.

<http://www.networklobby.org/bus2014>



## Social and Environmental Justice Council News

### Kids Winning in Court: Fighting for Their Future

"The adults say, 'The children are our future.' But when there is no future, what remains for us children?" Felix Finkbeiner, founder Plant For the Planet

Thanks to a "landmark ruling" in June (Foster v. Department of Ecology) Washington State is on the way to becoming the first state in the nation with a climate recovery pathway. In her decision Judge Hill wrote, "*Washington State's existing statutory limits should be adjusted to better reflect the current science... the limits need to be more aggressive in order for Washington to do its part to address climate risks.*" The children behind this suit want politicians to stop ignoring the science and act responsibility to protect their future. The suit was brought on their behalf by the Western Environmental Law Center in coordination with Our Children's Trust and requires Washington State to use best available science to achieve the goal of a stable climate. That means a 4% reduction in CO2 emissions and the planting of a billion trees. Originally given till July 8, Ecology asked for a 30-day continuance (August 7th) and has agreed to a settlement meeting with the plaintiffs, to work on implementing the new climate recovery plan. Thank DOE for doing the right thing and cc Governor Inslee. ~ Gary Piazzon

Hear the plaintiffs discuss their victory on King 5:

<http://www.king5.com/story/tech/science/environment/2015/06/24/climate-change-ecology-judge-king-county/29221839>

### "The land was an extension of them"

It is not often that one has the opportunity to explore another culture, especially one hidden within our very own. Dianna and I had that opportunity while attending the 10<sup>th</sup> annual Vine Deloria Jr. Symposium at the NW Indian College on the Lummi Reservation for 3 days in July. We agreed that "Honoring our Ancestors: Empowering Our Youth" was a profound experience. Why? Because it provided a large portal into contemporary Indian culture and the profound contribution that historian, theologian, activist and author Dr. Vine Deloria Jr has had on it. Attended by Indians and non-Indians we heard from Indian activists, authors, educators and scientists from Canada and the US. What impressed us most was the genuine love of community and spirit of the sacred which permeated the event. Expressions of gratitude and connection were elemental. Each speaker began with their white and Indian names and their immediate lineage, both in their native tongue and then in English. Of course there was pain and sobriety recounting the abuses and sorrows, but there was also abundant humor. They have deep reverence for their ancestors and elders and a commitment to coming generations. Presenters and attendees lit up when a large group of students who were attending the nearby science camp joined us on the final day. It added emphasis to just what it was all about.

There are 37 Indian Colleges in the USA which bring a refreshing integrated approach to education, quite a contrast with our conventional, compartmentalized lecture based system. We were impressed by the students' character and the quality of their work. Deloria observed, "Western civilization does not link knowledge and morality, rather it connects knowledge with power," further noting that in that context, "While the world has problems, universities have departments." Deloria defined personality as power combined with place. In that context we experienced some remarkable personalities. We completed our experience fittingly in a canoe on the sacred Salish Sea, fortunate to be in the company of two Indian leaders, strong women from Oklahoma, one a Comanche/Arapaho and the other an "absentee" Shawnee. I had the great honor to pull alongside my dear friend Freddie Lane as skipper Antoine George tutored us in the ways of the canoe. We can't wait till next year and hope you join us. *Hys'qe (Our hands are out in thanks to you.)* ~ Gary

"The small man builds cages for everyone he knows.  
While the sage keeps dropping keys all night long  
for the beautiful, rowdy prisoners!" ~Hafiz

# August Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<p><i>If you are overwhelmed, may you find relief. If you seek joy, may you find laughter. If you are lonely, may you find companionship. If you are hurting, may you find solace. No matter who you are or what path led you here—welcome to this community of spiritual journeyers!</i></p>						<b>1</b>	
<b>2</b> <i>10am UU Worship</i> 11:30am Auction Planning 11:30am Pagan Gettogether 4pm Quaker Worship	<b>3</b> 8:45am WIN 10am Dance 1pm Sound Tech training 4pm Meditation	<b>4</b> 9am Worship Ctte 1pm Dennis' Office Hours	<b>5</b> 10am UU Men's Group	<b>6</b> 10am Quaker Mtg	<b>7</b> 10am VAC 6pm Family Game Night	<b>8</b> 1pm North End Coffee	
<b>9</b> <i>10am UU Worship</i> 11:45 Lunch Bunch 4pm Quaker Worship 5pm Quaker Dinner	<b>10</b> 8:45am WIN 10am Dance 6:30pm PFLAG	<b>11</b> 10am Membership 1pm Dennis' Office Hours 2pm SRC Strg Ctte	<b>12</b>	<b>13</b> 7pm Board of Trustees	<b>14</b>	<b>15</b> <i>9am Work Party</i>	
<b>16</b> <i>10am UU Worship</i> 4pm Quaker Worship 5pm Quaker Business Mtg	<b>17</b> 8:45am WIN 10am Dance 4pm Meditation	<b>18</b> 1pm Dennis' Office Hours	<b>19</b> 10am UU Men's Group 4pm MAGIC	<b>20</b> 3pm Ctte on Ministry 6pm North End Grp <b>Newsletter Deadline</b>	<b>21</b>	<b>22</b> 9am Worship Associate Meeting 10:30am South End Coffee	
<b>23</b> <i>10am UU Worship</i> 4pm Quaker Worship	<b>24</b> 8:45am WIN 10am Dance	<b>25</b> 1pm Dennis' Office Hours	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	
<b>30</b> <i>10am UU Worship</i> 4pm Quaker Worship 6pm North End Dine Out 7pm Dances of Universal Peace	<b>31</b> 8:45am WIN 10am Dance	<p><i>What if today, we were just grateful for <u>everything</u>?</i></p>					

*And always check the most current version of our calendar online at [www.uucwi.org](http://www.uucwi.org)*

## 2015 - 2016 Board of Trustees:

Sarah Richards, **President**  
Libby Roberts, **Vice President**  
Nick Fowler, **Treasurer**  
Mary Goolsby, **Secretary**  
Clara Beier, **Trustee**  
John Long, **Trustee**  
Teri Wright, **Trustee**

If you wish to contact any of the Board members,  
call UUCWI voice mail at 360-321-8656.

**Minister:** Dennis Reynolds 541-517-7325  
[minister@uucwi.org](mailto:minister@uucwi.org)

**Chaplain:** Sally Elder 360-675-3314  
[chaplain@uucwi.org](mailto:chaplain@uucwi.org)

Our minister and chaplain are available for rites of  
passage ceremonies (including ceremonies of  
commitment or union) and pastoral visits.

**Administrator:** Meri McCormick  
[admin@uucwi.org](mailto:admin@uucwi.org)

**Lifelong Spiritual Development:** Ginger White  
[lifespancoord@uucwi.org](mailto:lifespancoord@uucwi.org)

## 2015-2016 Committee Chairs:

**Auction** - Laurie Riley and Larry Morrell  
(Co-chairs)

**Building and Grounds** - Gene Berg (contact)  
Big Picture Coordinator: Toyon Copeland  
Landscape: Chris Bell

**Caring Connections** – Laurie Riley  
**Communications:**

Meri McCormick, newsletter editor  
[newsletter@uucwi.org](mailto:newsletter@uucwi.org)  
Charlie Knutilla, Website Manager:  
[wwg\\_chair@uucwi.org](mailto:wwg_chair@uucwi.org)

**Finance** - Open

**Leadership Council** – Libby Roberts

**Library** - Joan Gerteis (Chair)

**Long Range Planning** – open

**Membership** - Clara Beier and Gaye Simpson  
(Co-chairs)

**Ministry** - Sara Heath (Chair)

**Music** - Linda Good (Chair)

**Nominating** – Lois Chowen

**Social and Environmental Justice** - Gary and  
Dianna Piazzon

**Stewardship** - John Long (convener)

**Visual Arts** – Christi Shaffer and Dallas Huth  
(Co-chairs)

**Worship** - Terra Anderson (Chair)

**Newsletter Information:** News, announcements, events, and other items of interest to members of the congregation should be submitted in writing by the 20<sup>th</sup> of each month to the editor, at [newsletter@uucwi.org](mailto:newsletter@uucwi.org). Suggestions for articles and information of interest to the whole congregation are both welcomed and encouraged.

## UNITARIAN UNIVERSALIST CONGREGATION OF WHIDBEY ISLAND

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